

KERANG HAPPENINGS

A NEWSLETTER FOR THE KERANG COMMUNITY

SEPTEMBER 2023- EDITION 54

KERANG NEIGHBOURHOOD HOUSE

11 SCORESBY STREET, KERANG

OPENING HOURS

MON - WED 9.00AM - 4.30PM THURS 9:00AM - 3:30PM PHONE 4403 6640
EMAIL reception@kerangnh.org.au
WEB www.kerangnh.org.au

Kerang and District Community Centre Inc, trading as Kerang Neighbourhood House, is a public instituition which has the charitable purpose of advancing social and public welfare and providing benevolent relief to members and communitites



Science is Fun Sessionat KNH



Funded by

KERANG NEIGHBOURHOOD HOUSE

11 Scoresby St, Kerang 3579

6640 www.kerangnh.org.au (f) www.facebook.com/kerang

rang and Clarics Community Centre Inc. Hading as learning Neighboorhood Phone, is a Public Institution which has the charitable

Last Sunday, KNH's Science Week Session was well attended, and great fun had by all. A massive, huge thankvou to KNH team members-Carolyn who facilitated the sessions, supported by Rodney & Coleen. Thank you to the families and kids that attended, KNH really appreciates your support. Well done to our prize winners, who are all of to Discovery Centre Bendigo Thank you to Neighbourhood Houses Victoria for funding the session and to the Bendigo Science & **Technology Centre** for their sponsorship.

#scienceweek

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U3A SEPTEMBER CALENDAR

KERANG & DISTRICT GARDEN CLUB

DARWIN HOLIDAY JUNE 2023 - PART 1

KNH IS NOW A REGISTERED LEARN LOCAL PROVIDER!!

CURLEY'S CORNER

ISLAND HOPPING WORDSEARCH

PUZZLES

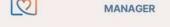
GLENARM AND WD THOMAS ACTVITY
CENTER NEWS

FOOD HANDLING COURSE

SLAYING FOOD INSECURITY TOGETHER

We Are Hiring

KERANG NEIGHBOURHOOD HOUSE



Email: president@kerangnh.org.au

For enquires or further details contact KNH 03) 4403 6640

To request an application pack

Cover Letter, Selection Criteria Statement and Resume to be submitted to president@kerangnh.org.au by 5pm, Friday 22nd September 2023



Neighbourhood

Houses Victoria

Newsletter Contributions

Have something you would like to pop in the Kerang Happenings Newsletter?

Club News - Community Events - Celebrations -Interesting Stories -Features - Poems - Recipes

CONTRIBUTIONS FOR OCTOBER EDITION DUE THURSDAY 21ST SEPTEMBER

KERANG HAPPENINGS - SEPTEMBER

FRIDAY SEPTEMBER 1ST

11AM TimeOut Single/Solo Parent Group - KNH

SATURDAY SEPTEMBER 2ND

8AM Kerang Regional parkrun - KRP 8.30-12.30PM Murrabit Country Market

MONDAY SEPTEMBER 4TH

10AM - 12PM Food Assistance - Your Choice - KNH 1:30 - 3PM Domestic Violence Peer Support Group

TUESDAY SEPTEMBER 5TH

3:30PM - 6PM After School Kids Club - KNH

WENESDAY SEPTMBER 6TH

10AM - 12PM Food Assistance - Your Choice - KNH 10.30AM Story Time- KL 7:30PM Chocolate Owl Craft Group - 64 Wyndham Street 7:30PM Book Club - Little Blue Bookshop

THURSDAY SEPTEMBER 7TH

10AM KBC Craft Group - Kerang Baptist Church 1-3PM Northern Country Line Dancers - MPH 5.30 - 6:30PM Beginners Line Dancing - Kerang Band Hall

SATURDAY SEPTEMBER 9TH

8AM Kerang Regional parkrun - KRP

SUNDAY SEPTEMBER 10TH

1pm - 4pm Paint & Sip at KNH - KNH

MONDAY SEPTEMBER 11TH

10AM - 12PM Food Assistance - Your Choice - KNH

TUESDAY SEPTEMBER 12TH

3:30PM - 6PM After School Kids Club - KNH

WEDNESDAY SEPTEMBER 13TH

10AM - 12PM Food Assistance - Your Choice - KNH 10.30AM Story Time- KL 7.30PM Chocolate Owl Craft Group - 64 Wyndham Street

THURSDAY SEPTEMBER 14TH

10AM - 12 NOON Social Craft Group - KNH - R U OK Day edition 1-3PM Northern Country Line Dancers - MPH 1:30PM Dingwall CWA part of the Murray Valley Group - Interesting meeting - KSC

5.30 - 6:30PM Beginners Line Dancing - Kerang Band Hall

SATURDAY SEPTEMBER 16TH

8AM Kerang Regional parkrun - KRP

MONDAY SEPTEMBER 18TH

10AM - 12PM Food Assistance - Your Choice - KNH 5PM - 8PM Use Hygiene Practices for Food Safety SITXFSA001 -Kerang Lions Den, 45 Park Rd, Kerang

WEDNESDAY SEPTEMBER 20TH

10AM - 12PM Food Assistance - Your Choice - KNH 10.30AM Story Time- KL 7.30PM Chocolate Owl Craft Group - 64 Wyndham Street

THURSDAY SEPTEMBER 21ST

KERANG HAPPENINGS OCTOBER CONTRIBUTIONS DUE

10AM KBC Craft Group - Kerang Baptist Church 1-3PM Northern Country Line Dancers - MPH 5.30 - 6:30PM Beginners Line Dancing - Kerang Band Hall

SATURDAY SEPTEMBER 23RD

8AM Kerang Regional parkrun - KRP

MONDAY SEPTEMBER 25TH

10AM - 12PM Food Assistance - Your Choice - KNH

TUESDAY SEPTEMBER 26TH

7:30PM Mid Murray Orchid Club meeting - KSC

WEDNESDAY SEPTEMBER 27TH

 $10\mbox{Am}$ - $12\mbox{PM}$ Food Assistance - Your Choice - KNH $10.30\mbox{AM}$ Story Time- KL

7PM Kerang Progress Association meeting - museum meeting room. All welcome.

7:30PM Chocolate Owl Craft Group - 64 Wyndham Street

THURSDAY SEPTEMBER 28TH

10AM - 12 NOON Social Craft Group - KNH 1-3PM Northern Country Line Dancers - MPH 5.30 - 6:30PM Beginners Line Dancing - Kerang Band Hall 7pm, 1PM (Jun,Jul,Aug) all other months 7PM Kerang & District Family History Group meeting - KL

SATURDAY SEPTEMBER 30TH

8AM Kerang Regional parkrun - KRP 9AM - 12PM Kerang community market - AP

LOCATION KEY:

ANG - St John's Anglican Church, Victoria St, Kerang // AP - Atkinson Park // EXC - The Exchange Hotel // KBC - Kerang Bowling Club, 102-104 Bendigo Rd // KBH - Kerang Band Hall, Maxwell St // KBS - Kerang Basketball Stadium, Maxwell St // KL - Kerang Library // KLT - Kerang Lawn Tennis Club, Murray Valley Hway // KMH - Kerang Memorial Hall, Nolan St // KNH - Kerang Neighbourhood House, 11 Scoresby St // KRC - Kerang Rotary Club - 1 Rattray Street // KRP - Kerang Regional Park, Western end of Wyndham St // KSC - Kerang Senior Citizen's Building, Boundary Street// KSCC - Koondrook Senior Citizens ens Centre // KTC - Kerang Turf Club, Park Road // KUC - Kerang Uniting Church - Vaughan Street // MPH - Murrabit Public Hall



This newsletter relies on information submitted by organisations, businesses, community and club members. While Kerang Neighbourhood House staff and volunteers make every effort to print accurate and relevant information, it does not guarantee that the publication is without error and therefore disclaims all liability for any error, loss or other consequence which may arise from you relying on information in this publication. The newsletter is a publication of Kerang and District Community Centre trading as Kerang Neighbourhood House ABN: 56 181 120 256



SEPTEMBER 2023 PROGRAM

DATE	ACTIVITY		VENUE
Sat 2nd	Exercises	10:00 AM	KSC
Sun 3rd	Scrabble	1:30 PM	KSC
Mon 4th	Euchre	1:30 PM	Mem Hall
Wed 6th	Qigong	10:30 AM	KSC
	Carpet Bowls	1:00 PM	KSC
Thu 7th	Cryptic Crosswords	10:00 AM	Zoom
	Cribbage		Mem Hall
Fri 8th	Coffee and Chat	10:00 AM	Royal Hotel
Sat 9th	Exercises	10:00 AM	KSC
Sun 10th	Movie	2:00 PM	KSC
Mon 11th	Acting For Fun	9:30 AM	Mem Hall
	Mahjong	1:30 PM	Mem Hall
Tue 12th	Committee Meeting	1:30 PM	Library
Wed 13th	Qigong	10:30 AM	KSC
	Carpet Bowls	1:00 PM	KSC
Thu 14th	Cribbage	1:30 PM	Mem Hall
Fri 15th	Craft and Chat	10:00 AM	KSC
Sat 16th	Exercises	10:00 AM	KSC
Mon 18th	I.T. Support	10:00 AM	N/House
	Euchre	1:30 PM	Mem Hall
Tue 19th	History/Philosophy	10:00 AM	Library
	!Annual General Meeting!	1:30 PM	KSC
Wed 20th	Qigong	10:30 AM	KSC
	Carpet Bowls	1:30 PM	KSC
Thu 21st	Cryptic Crosswords	10:00 AM	Zoom
	Cribbage	1:30 PM	Mem Hall
Fri 22nd	Meals on Wheels	11:15 AM	KD Health
Sat 23rd	Exercises	10:00 AM	KSC
Sun 24th	Movie	2:00 PM	KSC
Mon 25th	Acting For Fun	9:30 AM	Mem Hall
	Luncheon	12 Noon	Exchange
	Writing Group	1:30 PM	KSC
Tue 26th	!Registration Day!	10:00 AM -	KSC
		12 Noon	
Wed 27th	Qigong	10:30 AM	KSC
	Carpet Bowls	1:00 PM	
Thu 28th	Cribbage		Mem Hall
Fri 29th	Boort Excursion		KSC
Sat 30th	Exercises	10:00 AM	KSC

Venue Key

KCC Kerang Community Centre (Formerly the Kerang Senior Citizens Hall) // KDHealth: Kerang District Hospital // Mem Hall: Memorial Hall Supper Room

HALL'S HARDWARE

35 Scoresby Street Kerang 5452 1323

· Hardware · Plants · Timber · Paint · Homewares · Garden Products ·



Check out Halls Hardware Kerang on Facebook for all the latest

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Open 9-5 Monday to Friday



Catered by Cleo's Kitchen



KERANG & DISTRICT GARDEN CLUB INC.

BY ROSEMARY ROBERTS



Our next meeting is to be held Monday 18 September, at the Senior Citizens Clubrooms, Kerang commencing at 7.30pm.

Helen from Neutrog will be our Guest Speaker for this evening which will also include

Plant beginning with the letter "S", a raffle, trading table and, as always, a delicious supper.

A friendly Club that has an interest in plants and gardening which meets on the third Monday of each month. Our activities are interesting and varied and include Guest Speakers, problem solving within our garden, day trips to visit Nurseries and speciality gardens.



61 Victoria Street, Kerang VIC 3579 p: 03 5452 1172 | f: 03 5450 4240 e: lvdisposals@westnet.com.au

ABN: 93 730 013 515

New members most welcome.

Enquiries to Heather Hansen 0427 621 242



New Brand Instore! FRANKIE4*

*not available online



DARWIN HOLIDAY JUNE 2023 - PART 1

STORY AND PHOTOS BY KATE BOSSENCE

Having once lived in the tropics in Cairns many years ago combined with a (current) desperate urge to escape a freezing cold Mallee Winter I recently went up to Darwin for some much-needed sun, warmth, health, a holiday and to unwind. I have been to Darwin [in] the past, a couple of times over the years and love the laid-back tropical lifestyle plus the Territorians. They are very funny and unique people.

It had been 14 years since I was last in Darwin and I had never been there in The Dry before, so was very much looking forward to heading up to Never Never Land. After a very turbulent flight from Broken Hill right through to Darwin, with the plane bucking like a bronco in a rodeo, I disembarked into warmth, warmth, warmth. How wonderful it felt not feeling bone chillingly and achingly cold. For the next 2 weeks I discarded and packed away all my Winter clothing not wishing to be reminded at all just how freezing cold Victorian Winters really are. Perhaps too it is a sign of getting older as I tolerate cold weather less and less each year. In the first couple of days I lazed around and used the marvellous motel pool every day. It seemed surreal wearing a t-shirt, cotton pants and thongs. Having lived in the tropics in the past I took to "rubber time" (a term used in the tropics as slowing right down and chilling out) quite literally. How I miss that wonderful laid back lifestyle! I don't miss living in The Wet season, however. This isn't known as "Going Troppo" for nothing! The high levels of humidity leading up to The Wet can be very challenging at the best of times. I do, though, much, much prefer the humidity to the dry heat of the Mallee in Summer!

Given I visited Darwin in The Dry there were a lot of bushfires around the place. Because of the high levels of humidity thankfully you can't smell them and the sunsets at this time of year have to be seen to be believed due to all of the smoke. I went to the Mindill Beach Markets and saw the sunsets. They are beyond incredible. The colours, warmth, ambience.

and friendliness of the Territorians made me wish I was living up north again. The famed Mindill Beach Markets were fabulous, and I strongly suggest that anyone who wishes to go to Darwin visits them. The live bands, international food stalls, local artists and stalls are magnificent. A real smorgasboard in more ways than one!

I also happened to be in Darwin on the 1st of July where it is legal for anyone in the NT to buy and let off fireworks! In 1978 the NT became independent to the rest of Australia and every July 1st NT Day or Cracker Night is celebrated with great abandon throughout the NT. I was initially quite sceptical about this as I thought of all of the poor animals both domestic and wild that would be affected by the fireworks. Those Territorians really know how to party! Fireworks began with a bang at around 5 PM and carried on until around 1 AM. From where I was staying I se the F18s fly past. I could feel the windows and whole building shake with the velocity and ferocity of these magnificent jets. As a dyed in the wool "Top Gun" fan I was in Utopia. Seeing these incredible Grey Birds roaring past then flying straight up into the air out of sight then suddenly swooping back to earth made the hair on the back of my arms stand straight out. It was fantastic! Oh, to fly in one of these Birds!

When the firecrackers went off it really did sound like a warzone. I couldn't help but feel sorry for the poor animals yet at the same time seeing people enjoying themselves, the parties and celebrations of the Territorians was a wonderful experience. Given it was during The Dry the poor essential services were kept flat out putting out small spot fires from some of the crackers. Indeed, there was a small fire just where I was doing some filming! Thankfully I was in the (somewhat) safe confines of my motel inside on the other side of the fence where the pool is. The noise was indescribable yet hearing the cheering and partying of people was an unforgettable experience. It was difficult not to go with the flow, so I did! I did not (however) buy nor let off any crackers. I wouldn't dare!



Part 2 in

KNH IS NOW A REGISTERED LEARN LOCAL PROVIDER!!



KNH is passionate about Community Voice and acting on what people are saying is needed in Kerang!

Part of KNHs strategic plan was to explore ACFE (Adult Community Further Education) Pre-Accredited training and implementation. This was in response to the MMLLEN Barriers and Pathways meetings that occurred in 2022, which identified a big gap in Kerang for training.

KNH is now AFCE/Learn Local registered!! What this means is that we can now offer a range of preaccredited courses that aren't limited to, but do offer the opportunity for those that may:

- Not have studied for some time and need to ease into before enrolling in an accredited certificate.
- Have low level literacy and/or numeracy skills and welcome the opportunity to increase these skills within a small class that will support them to achieve a positive outcome.
- Early School leavers (17yo+) who don't wish to continue after year 10, but still aren't sure of their future pathway.

We have also received some funding from ACFE to employ an ES (Education Support) to support any students that may require that extra bit of support in the class, which is very exciting as we want students to thrive in the class and feel confident that they are achieving their learning goals.

ACFE provides funding to KNH to offer the courses, this allows us to offer them at a low cost.

In term 4, the courses we are hoping to offer, pending participation numbers.

- Aged Care- This course will give the opportunity to learn about the sector, whilst developing your literacy and numeracy skills, it is perfect for someone who hasn't study for some time or wants to know more about the sector before committing to an accredited course.
- Digital Skills Level 1- You will learn the skills to feel confident to undertake basic tasks.
- Intro to Bookkeeping and Small business skills-Xero Computerised- Learn some basics of how to use Xero.

2024 is going to be an exciting time in this space and KNH looks forward to working with our community to develop and offer courses that people wish to undertake.

CURLEY'S CORNER

POEMS BY KEN CULLEN

MORE AUSTRALIAN HUMOUR FROM BUNYIP CREEK AND EMU BEND

The tiny town of Emu Bend Is one of my favourite places And one event I never miss Is the annual Bush Races.

This year was a bonzer day They smartened up the course And all the local cockies Groomed their old farm horse.

Harry Barnes had a rough nag He called it Ginger Mick The bloody thing could run all day But never very quick.

Snagger Smith had a trusty steed A favourite with the bookies Before the race he fed her up With a jar of home made cookies.

The horse's name was Bustling Bess A pretty looking thing Snagger dreamt about the day He would lead her round the ring.

The large crowd gathered for the cup Of course the featured race The starter's name was Alfie Grey He had a craggy face. The horses took off in a bunch The leader Lulu Belle She was a fiesty little mare Who could run like bloody hell.

She led the field into the straight The pace had been a quickie Then Snagger at the finish line Showed Bustling Bess a bickie.

Bess took off and crossed the line Ahead of Lulu Belle Snagger was so overjoyed He kissed the judge as well.

Then off they trooped to Murphy's Pub A heap of happy faces Like I said "it is a real good day"



WE WISH TO THANK THE CULLEN FAMILY FOR PERMISSION TO PUBLISH

KERANG SUNDAY CHURCH SERVICES

St John's Anglican Church

1st & 4th Sunday 11am 2nd & 3rd Sunday 9am 5th Sunday Cluster service - contact for location each month

Kerang Baptist Church - 10:30 am

Eternity Centre Kerang

Live services Sunday 10am and 7pm Children's Church as part of the 10am service

Kerang Uniting Church - 10 am

Eternity Centre Boort'

Online services each week from 10am on our church Facebook page @eternitycentre and Youtube @pastor eternity centre

St Patrick's Catholic Church

1st, 3rd, 4th Sunday: 10:30am 2nd Sunday: 9am

St Andrew's Presbyterian Church - 9am



Kerang Uniting Church
Vaughan St
All welcome
Friendly atmosphere
Donation





1st Friday of the month from 11:30 am Feb 3rd March 3rd May 5th June 2nd July 7th Aug 4th Sept 1st Oct 6th Nov 3rd Dee 1st

ISLAND HOPPING

ZOKWHF Y Z H C R S 0 Z E 0 T R 0 Y Y H 0 S D C X В N S G C C T S E E S S 0 0 0 S R X R D Т В Z 0 S D N G E N E E R G G N A N T Q S C E Z X G A B H A Y Q Z C E S X R U L E 1 0 E W S Q X 0 0 Q G Z D E 0 D Q D E S R C Z S G Z 0 S E A S 0 Q 0 T B S D D E D T O N D В 0 N 1 S LA K F M S

SEPIEN BER

BALI BORA BORA CAPRI CORSICA CUBA

MALDIVES

MALLORCA

MAURITIUS

MYKONOS

LORD HOWE ISLAND

DOMINICAN REPUBLIC FORMENTERA GREENLAND HAITI HAMILTON ISLAND

PALAWAN
PHILLIP ISLAND
PROCIDA
PUERTO RICO
ROTTNEST ISLAND

IBIZA ICELAND ILHA GRANDE ISCHIA ISLA DEL CANO

SAINT LUCIA SAN LUCAS ISLAND SANTORINI SEYCHELLES SICILY ISLA PARTIDA ISLE OF SKYE JAMAICA KAUAI KOH SAMUI

TAVARUA
THE BAHAMAS
THE CHANNEL ISLANDS
TUSCAN ARCHIPELAGO
ZEALAND

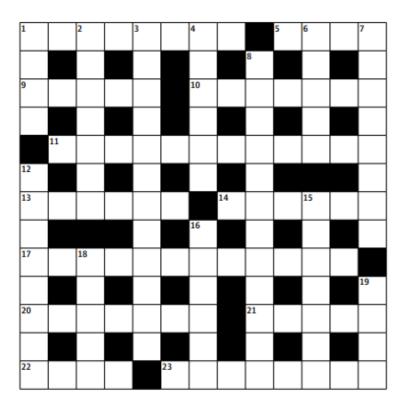


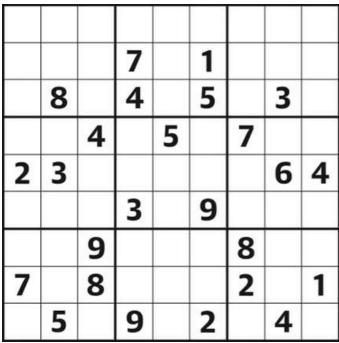
Rapid Relief Team for their continuous support of our food assistance

program

WHICH AUSTRALIAN ISLAND IS HOME TO THE QUOKKA?

Quick crossword no 16,611





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WHAT LINKS OCTOPUSES AND GRAIN CROPS? THE SATURDAY QUIZ

FROM SHE-WHO-MUST-BE-OBEYED TO HUMPHREY BOGART, TEST YOUR KNOWLEDGE WITH THE SATURDAY QUIZ

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Across

1 Like a tree — or arable (anag) (8)

5 Lyric poet (4)

9 Has a nap (5)

10 A cold treat? (4,3)

11 Energetic and acrobatic street activity (5-7)

13 Of the 'green wellie' brigade? (6)

14 Light wind (6)

17 Traditional seaside show for children (5,3,4)

20 Dry red Italian wine (7)

21 Substantial (5)

22 Deprivation (4)

23 Excellent (informal) (3-5)

Down

1 Bavarian car manufacturer (4)

2 Outlandish (7)

3 Get up! (4,3,5)

4 Yield to another's opinion (6)

6 Excuse (5)

7 Vessels that make things deeper (8)

8 Poet Laureate, who wrote that Slough 'isn't

fit for humans now' (4,8)

12 Not representative (8)

15 Discharge pipe for drawing water from the mains (7)

16 Colour of the rainbow (6)

18 Thin metal fasteners (5)

19 Indian nursemaid who looks after children (4)

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The questions

1 Which writer had a childhood doll called She-who-must-beobeyed?

2 In which Asian country is high-altitude mountaineering banned?

3 What is assessed by the Martindale rub test?

4 Which woman founded the Second Order of Saint Francis? 5 Which director has made more money from wine than his films?

6 What took Ellen MacArthur 71 days, 14 hours, 18 minutes and 33 seconds?

7 The UN headquarters was built on land donated by which family?

8 The only blue plaque in Barking celebrates which footballer?

What links:

9 Al-Idrisi; Behaim; D'Anville; Mercator; Ptolemy?

10 Bong; farang; tom yam; tuk-tuk; wai; wat?

11 Pluto; Ceres; Haumea; Makemake; Eris?

12 Grain crops; mayflies; octopus; salmon; squid; spiders? 13 Dick Powell; Humphrey Bogart; Elliott Gould; Robert

Mitchum?

14 Enron; Theranos; Wirecard; WorldCom?15 Cardinals; Giants; Kings; Panthers; Rangers?

BOOK LAUNCH

Friday October 6th, 2023 2pm Kerang Library

'OLLY SAID'

A History of Kerang & District

BOOK COST \$35.00 Cash only on day No pre-sales





Welcome to try 1st lesson for free!

WHAT LINKS OCTOPUSES AND GRAIN CROPS? THE SATURDAY QUIZ

THE ANSWERS

- 1 H Rider Haggard.
- 2 Bhutan.
- 3 Upholstery fabrics (durability).
- 4 Saint Clare of Assisi (Poor Clares).
- 5 Francis Ford Coppola.
- 6 Sailing around the world.
- 7 Rockefeller.
- 8 Bobby Moore.
- 9 Cartographers.
- 10 Thai words (in the OED).
- 11 Dwarf planets.
- 12 Semelparous (reproduce only once, in certain species).
- 13 Played Philip Marlowe on screen.
- 14 Companies involved in fraud scandals.
- 15 Big US sports teams that share names: Arizona and St Louis; San Francisco and New York; LA and Sacramento; Florida and Carolina; New York and Texas.



GLENARM AND WD THOMAS ACTVITY CENTER NEWS

AUGUST 15TH

WD Thomas Activity Centre

The consumers form the Activity Centre took a trip down memory lane as they visited the Border Flywheelers Museum in Barham.

It was a perfect day to enjoy the amazing displays and great food provided by the Volunteers at the Museum.

The freshly baked Scones with jam and cream were a real hit with everyone.

For some of our Consumers this was the first time they have been to the museum and will definitely be a destination we have on our program again.







AUGUST 17

Glenarm

The past couple of weeks the Resident's have enjoyed Cycling Without Age Bike rides - many thanks to pilot rider Ange Hird.

Craft activities have included card making & leaf painting/prints.

Entertainment by the extremely talented duo of Terry/piano & Maria/violin, which was enjoyed by all







AUGUST 24

Glenarm

On Wednesday 16/8 we enjoyed lunch at Club Barham Rivergum Restaurant before taking in the sights of the Murray River, Koondrook Retreat & canola crops in Myall/Westby.

On Tuesday 22/8 we were privileged to welcome visiting Author Elizabeth Fensham.

Libby gave an insight into how she became a published author (of ten books) including "The Invisible Hero", "Helicopter Man" & "McAllister's Ghost". We welcomed work experience student Hallie, who helped us out during the week.



AUGUST 29

WD Thomas Activity Centre

The Consumers of the Activity Centre enjoyed the Annual Kerang Book Parade. Consumers were proudly wearing the Wally Beanies they made and waving mini Wally's. The Children loved to see the Wally's in the crowd.

You couldn't have wished for a better day as the weather was perfect.



Kerang

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CHARLY DELMENICO

Receptionis

(🖾) charlyeghrealestate.com.au

(%) 0434 449 256

LOCALLY OWNED

LOCALLY OPERATED

LOCAL PEOPLE



COME ALONG TO LAWN :

(Each Thursday for 4 weeks)

ALL EQUIPMENT KINDLY SUPPLIED BY KERANG BOWLING CLUB INC

PLAYERS MUST WEAR FLAT FOOTWEAR
(NO HEELS)

Volunteer coaching by the members of the Kerang Bowling Club Inc who will give assistance to participants

When: Commencing Thursday 24th, 31td August, 7th

& 14th Sept 2023

Time: 10.30am-11.30am Where: Kerang Bowling Club Bendigo Road, Kerang

Enquiries:
Rhoush Alian
Mallee Sports Assembly
Web 0427 Touts09
Email: phondat/maileesportsassembly.org.as











Kerang Community Market Saturday September 30th 9AM-12PM Atkinson Park

Kerang Neighbourhood House would like to acknowledge the Traditional Owners of the land on which we meet, the Barapa Barapa people, their rich culture and connection to Country. We pay our respects to Elders past, present and emerging.



SLAYING FOOD INSECURITY TOGETHER

STORY AND PHOTO BY SUE LACEY

On Monday 28th August, De, Michelle and Matt from Northern District Community Health along with KNH members, Sue, Oscar and Emily (wearing both hats) prepared and cooked 75 meals that will be provided in our Food Assistance Program. Each meal has 2 homemade rissoles with gravy, scalloped potato, A slice of corn cob, carrots and peas. KNH are excited about this program and are hoping to secure funding beyond the pilot, which finishes next month. KNH extends an invitation to our senior citizens to pop on in for a meal if they would like one as our food assistance program is open for everyone and we would love to meet you, and give you are meal.





Northern District Community Health

Services located in Boort, Cohuna, Kerang, Pyramid Hill, Koondrook and Quambatook

- Medical Clinic
- Allied Health
- Community Nursing
- Community Support
- Registered NDIS provider
- Health
 Promotion
- Kerang Medical Clinic
 34 Fitzroy St Kerang
- Mon to Fri 8.45am to 5.30pm
- C Phone: 03 5452 1366

- Community Nursing
- Help manage your health and wellbeing at home
- Palliative care
- AgriSafe ™ Clinics
- Chronic disease management
- Kerang Community
 Health

24 Fitzroy St Mon to Fri

- 8.30am to 5.00pm
- Phone: 03 5451 0200

- Podiatry and Foot care
- Dietician
- Counselling
- Occupational Therapy
- · Diabetes Education
- Speech Pathology
- Paediatric
 Physiotherapy
- Homelessness service







A.G. ADAMS Kerang 5452 1111 Providing a caring and compassionate service to Kerang, Cohuna and surrounding districts

Supporting families with a 24 hour service, 7 days a week

Office and chapel:

39 Fitzroy Street, Kerang. Ph: 5452 1111.

Email: info@adamsfunerals.com.au « Philip and Karen Davey

Helen Disher

Close To My Heart Consultant

Website: https://helendisher.closetomyheart.com.au

and click shop with me button

Email: helen.disher@bigpond.com

Phone: 0467 865 579 CTMH crafting with H

For all your card making, Scrapbooking and papercraft kits, supplies and workshops.





WHAT'S HAPPENING AT KERANG NEIGHBOURHOOD HOUSE

OPEN MON - WED 9.00AM - 4.30PM **THURS** 9:00AM - 3:30PM

11 SCORESBY STREET, KERANG

Phone 4403 6640

Email reception@kerangnh.org.au

Web www.kerangnh.org.au

ADMIN SUPPORT

We can help you with photocopying, printing, laminating and binding. Charges apply.

FOOD RELIEF

We are able to provide assistance to those that need it through our Food Relief Program. Food hampers If you know of someone who may need help - we are only a phone call away.

IT SUPPORT

General IT & computer help available 10 minute session \$5 20 minute session: \$10 30 minute session \$15 Bookings are essential.





LINE DANCERS

NORTHERN COUNTRY

KERANG SOCIAL BEGINNERS CLASS

WHEN - Weekly, Thursdays @ 5.30-6.30 PM WHERE - Kerang Band Hall, Maxwell St COST - \$5

MURRABIT

WHEN - Weekly, Thursdays @ 1.00-3.00 PM WHERE - Murrabit Town Hall

COST - \$8 per session open to anyone

RSA COURSE & FOOD HANDLING

Put your name down if you're interested in doing an RSA or a Food Handling course - minimum numbers required to run courses.

HAND SANITISER RENTAL

The free-standing, automatic hand sanitiser stations can be hired for birthdays, barbeques, weddings and community events to prevent the spread of Covid-19 at large group gatherings.

KERANG SEED BANK

A partnership with Kerang Landcare, share or swap your flower and vegie seeds with others. Small paper envelopes are available to package up seeds.

COMMUNITY GARDEN

We have a number of garden beds to help grow fresh produce for our emergency relief and community pantry. Would you like to be involved we are needing someone to champion this project.

MARINE LICENCE COURSE

We have Boat Licence Courses running regularly into and over summer.

FIREARM SAFETY COURSE

3rd Thursday of every month. Contact Kerang Police Station to book on 5452 1955

KERANG HAPPENINGS

We are the home of the Kerang Happenings Newsletter. We rely on your contributions so please feel free to send articles, stories, poems and your feedback to kerangnewsletter@gmail.com



KERANG COMMUNITY DIRECTORY

CHILDREN'S PROGRAMS

Gannawarra Shire Children's Centre - Kindergarten and Long Day Care P 03 5452 1357 E children@gannawarra.vic.gov.au

Indigenous Children's programs

Kethawil Pembengguk (Many Children) Playgroup - preschool aged P Damien and Casey 03 5451 0200

Tyipen Kwe (Happy Friends) Primary School aged P NDCH 03 5451 0200 Kerang Baptist Playgroup

www.kerangbaptist.org.au Hayley Steel P 0402 249 825

Small Talk Supported Playgroup at Kerang Primary School

Newborns to school age P 03 5452 1357 E children@gannawarra.vic.gov.au

Anglican Church - Rev Susan Allen 0417 365 386 Jacqui Minnis 0435 218 774 Eternity Centre (AOG) - www.eternitycentre.org 5450 4440

Kerang Baptist Church - www.kerangbaptist.org.au Judy Guest 0427 795 970 Tim Nitschke 0417 510 144

Kerang Uniting Church - Mark Boyce 0402 906 780 Carol Boyce 0402 906 781 Kathy Wilson 0447 542 932

Kerang Presbyterian Church - Rev Paul Lee 0425 804 076

St Patrick's Catholic Church - Fr. Novelito Lim Parish Office 5452 1041 Parish

Mobile: 0428 792 150 Email: stpatker@bigpond.com

www.kerangcatholicparishes.com

HEALTH SERVICES

Kerang District Hospital - 5450 9200 Kerang Medical Clinic - 5450 8060 NDCH Medical Clinic - 5452 1366

Northern District Community Health - 5451 0200

COMMUNITY DEVELOPMENT GROUPS

Kerang Neighbourhood House (Formerly Kerang & District Community Centre) E reception@kerangnh.org.au W www.kerangnh.org.au P 54 522 522 Kerang Progress Association

Angela Teasdale (Pres) 0439999150 Jacqueline Hibbert (Sec) E jacqueline.hibbert1@bigpond.com Contact 03 5450 3009

Kerang Traders Inc - kerangtraders@gmail.com or via facebook

COMMUNITY FACILITIES

Help for Wildlife - 0419 546 804

Kerang Senior Citizens - Gannawarra Shire Council P 5450 9333 Kerang Swimming Pool - Gannawarra Shire Council 03 5450 9333

MARKET - Kerang Community Market held on the 4th Sat of each month from 8am to 12 noon at Atkinson Park - Call Carol for details 0409 807 075

SENIORS GROUPS

U3A Kerang & District Inc - Pres: Heather Mortlock Ph.0409 439001 hmortlock@internode.on.net

Sec: Julie Hall u3akerang@gmail.com P.O Box 176 Kerang. Ph. 0428 572318 Program Co-ord: Rex Bradley Ph.0408 500680

SUPPORT GROUPS AND SERVICES

Bus Stop Recycle Shop - Community Bus Hire - P 0467 823 988 Carers Support Group - 2nd Monday of Month 10:30am -12pm - NDCH

Gannawarra Refugee Support Group - Judy Worrall,

email judyworrall@westnet.com.au or via our FaceBook page

https://www.facebook.com/gannawarrarefugeesupportgroup.

Kerang Legacy Group - P 03 5452 1340

Kerang Legacy Widows - Eris Dwyer (secretary) P 03 5452 1706

Mallee Family Care E kerang@malleefamilycare.com.au Contact 03 5452 2863

Mallee District Aboriginal Service - 03 5450 3019

Rights Information Advocacy Centre (RIAC) Support Group for Carers (Under 18) P 03 5222 5499

Mental Health Carers Group - 1st Mon of month NDCH 1.30-3PM

Ring Pam Lingenberg 0400 057 764

Time-Out Single Parent Support Group - Alison Alexander P 0477 260 544 Meets first Friday of month at KNH 11-1pm

OPPORTUNITY SHOPS

Bus Stop Recycle Shop - Bendigo Road - P 0467 823 988 - Closed Mondays, Tues - Friday - 10am to 4pm Saturday - 10am to 1pm

Kerang District Health Opportunity Shop - Fitzroy Street Kerang - P 03 5452 1749 10AM-4PM Mon-Fri 9AM-12PM Sat

Kerang Vinnies - Opportunity Shop - Victoria Street Kerang

CLUBS AND SPECIAL INTEREST GROUPS

Australian Plants Society - Loddon Murray Group - Anne Hall 0427507862 E loddonmurrayAPS@gmail.com See facebook

Cycling Without Age - Angela 0428 532 583 E cwakerang@gmail.com

Dingwall CWA part of the Murray Valley Group

President Glenys Gillingham 5457 9270 | Interesting meetings 2nd Thursday of the month, 1:30pm Senior Citizens Hall Kerang

Irrigated Cropping Council www.irrigatedcroppingcouncil.com.au

E Charlie.aves@irrigatedcroppingcouncil.com.au P 0416 400 979

Kerang & District Agricultural Society

E kerangshow@gmail.com Lorraine Morris (Sec) 0417 535 165

Kerang & District Family History Group - Julie Smith (Pres P 0439 567 572 Bev Nethercote (Res Officer) P 0447 304 667 E: plumpton@westnet.com.au

Kerang & District Sub-Branch RSL - Robert Sutterby (Pres) 0497 665 286

Shane Pilgrim Sec 0459 343 555

Kerang & District Vintage Motor Club Inc.

E kerangdvmc@gmail.com Gary Fowler (president) P 0498 699 256

Kerang Garden Club - Heather Hansen (Pres) 0427 621 242

Kerang Girl Guides www.guidesvic.org.au Julie & Linda Davey 03 5452 2438 Kerang Historical Society & Museum

Sandra Westblade P 0428 521 129 E sandra.westblade@bigpond.com Kerang Landcare Group

Angela Hird 0428 532 583 E keranglandcare@gmail.com

Kerang Lions Club Jennifer Shields (Sec) 0429 161 002

jennifershields 041@gmail.com

Kerang Men's Shed - Harry Sambrooks 0448 568 696

Kerang Music Society (Choir) - Angela Ginnivan 03 5452 1977

Kerang Quilters Inc.

Merril Scriven (Pres) 0419 325 294 Beverley Price (Sec) 0459 201 188

Kerang Singing Group - Paul McNeish 0417 132 207

Kerang Scout Group - Carmel Tyers 03 5450 3690

Kerang SES - Controller Glyndia Gee OAM 0408 107 145

Mid Murray Flying Club

A Airport Road - KERANG VIC 3579 E ncferguson5@gmail.com

F 0429 889 985 W www.midmurrayflyingclub.com.au

Mid Murray Orchid Club - Helen Oram P 0409 633 880

Northern District Dance Association

Peter Beet (Pres) 0439 032 955 Denise Fehring (Sec) 0438 759 318

Desiree Hebb (Treas) 0419 117 381

Northern Country Line Dancers - Every Thurs in Murrabit contact Kerang

Neighbourhood House P 5452 2522

Rotary Club of Kerang - E rotarykerang@gmail.com

Kerang Probus Club - Pam Roberts 04 17168 390 E: phroberts@bigpond.com

SPORTING CLUBS & GROUPS

Avenue Health P 0473 781 072 Health/Beauty - Gym/Physical Fitness Center Gannawarra Kayak Group - See Facebook Meg Stewart 54 522 522 Kerang Amateur Basketball Association

E kerangbasketball@hotmail.com or via Facebook P: 03 5450 3287

Kerang Amateur Swimming & Lifesaving Club Inc

Tania Barnes 0428 275 596 (pres) Sarah (Sec) Brooke Williams (Treas) E swimmingclubkerang@gmail.com

Kerang Badminton Association Inc

Frank Kelly 0428520233//Sam Mowat (President) 0401 793 642 Via Facebook Kerang Bowling Club Inc

Alyne Fagg (Chair) 0428521296 Gayle Teasdale (Sec) 0428171450

Kerang Carpet Bowls - E margt2@bigpond.com Margaret Troy 03 5450 3673 Kerang Clay Target Club Inc Robin Algie (Assistant Sec) 0477 827 720

E robinalgie@gmail.com Stephen Ash (Sec) 0438 361 456

Kerang Football Netball Club -Scott Clingan 0447 198 010 (Pres Snrs)

Paul Meehan 0428 935 174 (Pres Juniors)

Kerang Golf Bowling Club E keranggolfbowls@gmail.com

Bowls Presidnet Gary Borg 0419 002 024 Captain Nick Jarman 0417728370 Golf President Terry Turvey 0429471309 Captain Jack Hewitt 0408346564

E keranggolf@westnet.com.au P 03 5452 1506

Kerang Junior Hockey Association - E kjha3579@gmail.com or via facebook Kerang Lawn Tennis Club E keranglawntennis@outlook.com

Mark Nicholson (President) 0488 341 222

Kerang Little Athletics Centre - Andrew S (Pres) 0434198083 kerang@lavic.com.au

Kerang Regional parkrun - Every Sat 8am Western end of Wyndham Street

Kerang Pony Club Inc - E kerangpc@outlook.com

Kerang Turf Club - E kerangturfclub@hotmail.com

Kerang 4WD Club - E kerang4wdclub@gmail.com See Facebook

Loddon Murray Cycling Max Christian E margynmax@gmail.com P 0438503240

Loddon Murray Hockey Club - E secretaryImhc@yahoo.com or Facebook Outwork 247 Kerang Gym - Brad Cummings 0484 506 419

The Fiit Space Kerang Belinda 0408818086 or Facebook

Wandella Cricket Club - Russell Bott 0427 576 271 E rdbott7@gmail.com

Greg Dickson 0439 308 832 E greg.dickson@nutrien.com.au

